

The Plantpure Nation Cookbook The Official Companion Cookbook To The Breakthrough Filmwith Over 150 Plant Based Recipes

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~~PlantPure Story Easy Homemade Granola \u0026 Mason Jar Oats PlantPure Kitchen Live Buffalo Pot Pie Lasagna Stew Breakfast Potato Casserole Arepas with Savory Black Beans The Plantpure Nation Cookbook The~~

Nelson Campbell, executive producer, director and co-writer of 'PlantPure Nation' said Fort ... Campbell came out with his book, 'China Study' in 1983, which looked at 130 villages in that country ...

Plant-based diet revolution could start in Lee County

The members of the Vail Valley pod of PlantPure Communities are like, well, peas in a pod. What started as a 40-person group in September is now close to 100 strong, meeting once a month for a lively ...

Local pod of PlantPure Communities holding monthly pot lucks focused on plant-based eating

Sponsored by the National Ag Science Center in partnership ... CLASSICAL CHILDREN ' S BOOK CLUB Ongoing Group geared for children 8 years old and up. Each month club members will be invited ...

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